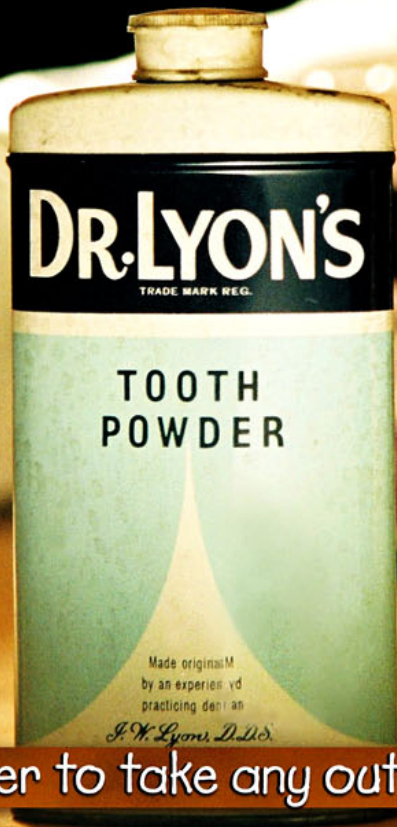


# Spring Cleaning ...

(Includes your medicine chest)



Remember to take any outdated drugs to your local pharmacy for safe disposal

[www.seidenhealth.com](http://www.seidenhealth.com)